MATERNITY & PUBIC BELTS



Dale Abdominal Binder



Features:

- · single ply stretch loop elastic (latex-free)
- velcro closure anywhere on belt for perfect fit, and can be angled to conform to abdominal contour
- · provides full, even pressure and aids abdominal muscle
- colour white
- sizing: available in either 23cm (pictured) or 30cm widths.

Application:

- suitable for post-surgical / incisional hernia
- maternity and general abdominal support

Product care:

- · join the hook and loop fasteners before washing
- hand wash in warm water using mild detergent
- · dry out of direct sunlight

23cm width	30cm width	Size	Circum
DO 410	DO 810	Regular	to 114
DO 411	DO 811	Large	114-157
DO 418	DO 818	X Large	157-191

Sizing: measure circumference of hips.

Dale Abdominal Lumbar Support



Features:

- single ply stretch loop elastic (latex-free)
- the same product as the Dale Abdominal Binder, but with two removable aluminium supports which can be handshaped to hip curvature
- · velcro closure anywhere on belt for perfect fit, and can be angled to conform to abdominal contour.
- · colour white
- · sizing: available in either 23cm (pictured) or 30cm widths.

Application:

 aids abdominal muscle while providing excellent general lumbar-sacral support

Product care:

- remove aluminium stays, and join the hook and loop fasteners before washing
- · hand wash in warm water using mild detergent
- · dry out of direct sunlight

23cm width	30cm width	Size	Circum
DO 442	DO 842	Regular	to 114
DO 443	DO 843	Large	114-157
DO 448	DO 848	X Large	157-191

Sizing: measure circumference of hips



Oppo 2062 maternity back support

Features:

- · helps reduce lower back pain and fatigue during pregnancy
- · helps relieve pain by gently lifting the abdomen
- · provides compression and support to the hips and lower back
- · breathable elastic and soft pile bonded to foam
- 50% cotton

Application:

· for lower back pain and fatigue during pregnancy

To apply:

- position mid section of support on lower back
- fasten front panels just below belly for support
- · pull side straps and secure for extra compression

Product Code	Size	Circ cm
0PP2062S/M	small/medium	To 106
OPP2062L/XL	large/x large	106-110
0PP2062XXL	xx large	111 +

Sizing: measure circumference of hips.



Oppo 2262 stability belt



Features:

- · may be used post-partum and following traumatic injury · relieves instability and stress through compression of the
- sacroiliac joints
- · reinforcement strap provides additional compression
- hook and loop closure for easy application

Application:

· relieves instability and stress through compression of the sacroiliac joints.

To apply:

- · position belt just below belly for support
- · bring straps to back and fasten securely
- pull side straps to adjust tightness then fasten

Product Code	Size	Circ cm
0PP2262XS	x small	71.1-86.7
0PP2262S	small	86.7-91.8
0PP2262M	medium	91.8-96.8
0PP2262L	large	96.8-101.9
0PP2262XL	x large	101.9-109.5

Sizing: measure circumference around hips.

MATERNITY & PUBIC BELTS





Oppo 3462 SIJ support



Features:

- breathable material to reduce heat
- may be worn during any daily activity
- extra elastic strap helps enhance core stabilization
- MAXWRAP® inner lining with silicone prevents slipping

Application:

- Hypomobility of SI joint Reposition pelvic alignment after birth
- Sacroiliac joint pain
- Sacroiliac joint instability
- Coccydynia

To apply:

- · position belt just below belly for support and bring straps to back and fasten securely
- · use the additional elastic strap to apply compression
- · secure the fixed side first, pull over the strap
- position the outer strap over the inner strap. For more compression, pull the outer strap across the inner strap to tighten

Product Code	Size	Circ cm
0PP3462XS	x small	66.0 - 79.4
0PP3462S	small	79.4 - 94.0
0PP3462M	medium	94.0 - 107.3
0PP3462L	large	107.3 - 120.0

Sizing: measure circumference of hips.



Oppo 4062 maternity belt



Features:

- · helps with proper posture and relieves stress to the body by encouraging proper body position and movements
- soft pile bonded to foam

Application:

· helps relieve pain during pregnancy by gently lifting the abdomen

To apply:

- · position front panel just below belly for support
- · bring straps to back and fasten

Product Code	Size
OPP4062	One size fits most

🛯 Rehband 1041 dosi symphysiolysis belt



Features:

- · elastic symphysiolysis support of soft material with a pre-shaped fit
- · provides pain relief and increased proprioception

Application:

used for sacroiliac joint dysfunction and symphysiolysis

Product Code	Size	cm
REH1041XS	x small	79 - 86
REH1041S	small	86 - 93
REH1041M	medium	93 - 100
REH1041L	large	100 - 107
REH1041XL	x large	107 - 112
REH1041XXL	xx large	112 - 119

Sizing: measure circumference around hips

Rehband 1045 dosi sacro belt



Features:

- offers pain relief and increased proprioception
- · elastic symphysiolysis support in a soft material with a pre-shaped fit
- back plate of a non-elastic material offering stabilization · stabilizing strap at each side for individual adjustment and support
- removable crotch straps are included
- the combination of elastic and non-elastic materials provides stability and fit

Application:

used for sacroiliac joint dysfunction and symphysiolysis

Product Code	Size	cm
REH1045XS	x small	79 - 86
REH1045S	small	86 - 93
REH1045M	medium	93 - 100
REH1045L	large	100 - 107
REH1045L	x large	107 - 112
REH1045XXL	xx large	112 - 119

Sizing: measure circumference around hips

DVA ENQUIRIES:

MATERNITY & PUBIC BELTS

Pre-birth cradle





Features:

- significantly reduces lower back ache associated with pregnancy
- · completely adjustable, and suitable throughout entire pregnancy
- · may be worn against skin, or over singlet
- · Colour: white

Application:

support for abdomen, lower back and pelvis during pregnancy

Product Code	Size
B530	One size fits most

Barrere 384 pelvic / sacroilliac strap



Features:

- 5cm firm elastic strap all around · gives firm compression to the sacral joint and relieves pressure on the pubic bone
- strong, surgical elastic webbing
- slide buckle and pad at front
- also available in 2 other models:
- 385 5cm strap at front, with 10cm back pad
- 386 5cm strap at front, with 15cm back pad
- the wider padded back plates in the 385 and 386 models provide additional lower back support
- larger sizes can be manufactured on request

Application:

· commonly used to relieve sacral pain during pregnancy

Product Code	Size	Circ cm
B384 XS	x small	81 - 86
B384 S	small	86 -91
B384 M	medium	91 - 96
B384 L	large	96 - 101
B384 XL	x large	101 - 106
B384 XXL	xx large	106 - 111

Sizing: measure circumference around hips

Barrere 385 sacroiliac/10cm lumbar support



Features:

- 5cm strap at front, with 10cm back pad
- · gives firm compression to the sacral joint and relieves pressure on the pubic bone
- back pad provides lower back support
- strong, surgical elastic webbing
- slide buckle and pad at front
- · also available in 2 other models:

384 - 5cm elastic pelvic strap all around (no back pad) 386 - 5cm front, with wider 15cm back pad for additional lower back support

· larger sizes can be manufactured on request

Application:

 commonly used to relieve sacral & back pain during pregnancy

Product Code	Size	Circ cm
B385 XS	x small	81 - 86
B385 S	small	86 -91
B385 M	medium	91 - 96
B385 L	large	96 - 101
B385 XL	x large	101 - 106
B385 XXL	xx large	106 - 111
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Sizing: measure circumference around hips

Barrere 386 sacroilliac /15 cm lumbar support



Features:

- 5cm strap at front, with 15cm back pad
- gives firm compression to the sacral joint and relieves pressure on the pubic bone
- · back pad provides lower back support
- strong, surgical elastic webbing
- slide buckle and pad at front
- also available in 2 other models: 384 - 5cm elastic pelvic strap all around (no back pad)
- 385 5cm front, with narrower 10cm back pad
- larger sizes can be manufactured on request

Application:

 commonly used to relieve sacral & back pain during pregnancy.

Product Code	Size	Circ cm
B386 XS	x small	81 - 86
B386 S	small	86 -91
B386 M	medium	91 - 96
B386 L	large	96 - 101
B386 XL	x large	101 - 106
B386 XXL	xx large	106 - 111

Sizing: measure circumference around hips

GENERAL ENQUIRIES: email info@cosmac.com.au **DVA ENQUIRIES:**